

February 2022-23

Contemporary Heart – 12 ½"

White: 1x 6 ½" square

4x 3 ½" squares

4 x (3 ½" x 6 ½" rectangles)

Black (solid or fabric that reads as a solid): 8 x 3 ½" squares

Medium to dark red: 1 x 6" square

Paper backed Fusible (Steam-a-Seam, EZ-Steam, Wonderunder, etc.): 1 x 6" square

- 1) Cut out all the fabric squares. Set aside the white 6 ½" square, the red heart fabric and the fusible.
- 2) Draw a diagonal line on all the black 3 ½" squares. To make the flying geese units match up a black square to one corner of each of the white 3 ½"x6 ½" rectangle, right sides together. Sew on drawn diagonal line. Trim ¼" away from the sewn line and flip the black triangle to the right side. Press. Repeat the process on the opposite side with the remaining 4 black squares.
- 3) Arrange the white squares and the flying geese rectangles in rows according to the diagram. Sew the horizontal rows together with a ¼" seam. Pin rows together and sew with a ¼" seam. Press.
- 4) Center heart: using a 5 ¼" piece of paper, fold it in half and draw a half heart shape and cut it out, or cut free hand. Following directions for the fusible you're using trace the heart shape to the fusible, apply fusible to the red fabric square, and cut out the red heart. Fuse the red heart to the center of the 6" center square of the block. Machine applique the red heart using a zig-zag or buttonhole stitch in matching red thread.

